



PARALYMPIC GAME IN SOMALIA

RECREATIONAL | PHYSICAL EXERCISE | PROFESSIONAL CAREER



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1. Summery

Joint program organized the Somali Disability Network, The Somalia Association National Paralympics on 8 August 2022, The UNFPA and Ministry of Youth and Sport Somalia Federal government organized Recreational program for the Somalia disability people is held in Mogadishu for variety soccer's matched in public play ground where they team has performed unimaginable play which has attracted the people in the area. The teams participated the games cerise their skills for the Paralympic games depending the nature of their disabilities.

The blind people play Gall Ball between two from UDHAN visual impaired youth organizations and the visual impaired youth team . The two team has made fantastic play which has made more fans crowded the area to watch the unusual games in the stadium. The two teams wearing separate dress colour suited the play. Through the Empowering Youth with disability through Sport tournament for peace and integration .

The physical challenged disability has made hand ball games which was the second interest after Goll Ball which is more new in the country. while hand ball has been played several time and the people has other sight of this games. The two games had common thing in one. The cheerful fans watching the games and the high motivation for the teams playing Through the Empowering Youth with disability through Sport tournament for peace and integration .

Professional referee were hired in the two games that made possible the play. The teams were given pre-session exercise which enabled the collective work and cooperatives in the match. The Goll Ball team for the blind were given one course of game between the two teams. And the physical challenged were given the same chance. After the game the winner teams were awarded with A big cup and the second level was given two meddles



2. Objectives

- enabling the recreational games through Paralympic in the society for the disability people mainly the youth
- the Empowering Youth with disability through Sport tournament for peace and integration.
- Distribution sport wear materials and awards for the Paralympic games participants



3. The activity

1. mobilization the teams for recreational program through Paralympic games in Somalia
2. distribution of the materials for the team the sport wear, the whistle and the card for the games
3. preparation for the games the two parts were given pre-exercise session that motivates them physical and emotional before the games
4. award for the winners of the team the trophy for the team and medals for the next teams

4. The output of the activity

1. two teams from the visual impaired played goal ball for 30 minutes which scored 12 goal.
2. Two team from physical challenged persons played hand ball for wheelchairs and scored 12 goals
3. The teams were awarded with medals team B and goldfish trophy for the winner team A
4. The referees were also awarded with certificates for the performance in the games .
5. The coaches of the teams were also awarded certificate of appreciation



5. The Remarks

- The game was very interesting that made all participants cheerful and jubilant with new dress the team distributed and the awards made after the game. The player made their remark the organiser for the games which was very smart that made the player national player.
- The referees made their comment for the game that some of the players in the team are not active and without skills and long-time preparation. Although most of them were active in the game. The coaches made their welcome the new stadium which larger than the fields the teams used to practise.
- The organisers of the game SNAP and SDN made their achievement for this test game between teams who did not match before. The SNAP made the selection of the games and teams. While SDN made the presentation of the awarded for the teams. And the refreshment for the teams.
- The game was recreational for the participants who were feeling excited with play in the sport field and the hand ball. And the new dresses distributed. Looking at the world Paralympic games and teams. Inspiring their self-motivation for future champions.



6. The Gap in the sector

1. The gap in the player where they don't have deeper skills for the game they played which made some of them not applying the play very well
2. Limited resource for the team equipment and logistics which can enable them to be more technical and visible in the games the players and the coaches.
3. The risk of the some of the player who have knowledge about the goal and hand ball that they don't apply the punishment in the wrong play or actions.
4. The teams were not professionally organised that clubs enough to perform better play. They were makes lack coordination the game which makes them to confuse in the games
5. The teams were not supplied combat sportswear tool like the eye mask for the blind people, hand and elbow bandage for the teams. Shoes and other supporting socks were not made possible to supply the teams.
6. The football was not best brand for the blind people to use with ringing bell insight. In some time the blind people team did beat the wrong places. This was caused by the ball and the net of the goals which was not professional brand



7. The Recommendations

- Organise the team to be more professional and skilled for the Paralympic games to get recreational support and fit mental and physical for the participants
- Provide Paralympic games skills training course for the player in the teams to make possible performance good play in the games
- Organize workshop to Strengthen the technical work coordination, management and plans for the teams work and cooperation in the preparation of the future games.
- Increased the skills and capacity of the referees and coaches to be more professional supporting the teams to perform best games in the field
- Allocation of resource for the facilitation of the games and team work coordination in the games between the teams
- Distribution of the Paralympic games assistive technology the wheelchairs, balls, net, mask, shoes, knee bandages and sport wear dress suitable the teams in the Paralympic games
- Utilization of ad hoc play stadium or field that can safe for the rehearsal of the Paralympic teams the players and the coaches and Increase the recruitment of the youth and the children players
- Support national matches and games between schools, DPOs and villages in Mogadishu that can make popular the games.

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